Have you ever wanted to conquer the mountain? Take on Fordland’s challenging, one loop, blacktop and gravel cross-country course. See how well you survive the Iron Mountain/School Hill finish combination of one of the most unique High School road courses in the area.

**![MC900241885[1]]()**

**2nd Annual Bertoldie Memorial Iron Mountain Run**

1248 School Street, Fordland, Missouri 65652

417-767-4555 or 417-880-1438 Email: beckyhaynes@fordlandschools.org

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What: 5K Run, 5K walk

When: May 2nd, 2015 8:00 am

Where: Fordland High School

Divisions: Male and Female, Prizes will go to the top finishers of each category.

The race will continue rain or shine. Only in the event of ***severe weather*** will it be rescheduled.

Parking will be available at the Fordland High School

Pre-Registration time: we must receive your registration form no later than May 1st to be eligible for pre-registration.

**Pre-registration: $20.00, Day of the Race: $25.00 Fordland Student Registration: $10.00**

Each participant will receive a T-Shirt,

\*all non-pre-registered participants are not guaranteed a shirt, or the appropriate size

All proceeds from run/walk will go to send the Fordland Cross Country team to training camp this summer.

**To register, please send completed registration form and payment to:**

**Fordland High School**

**Iron Mountain Run**

**1248 School Street Fordland, MO 65652**

![MC900241885[1]]()

**2nd Annual Bertoldie Memorial Iron Mountain Run**

Fordland High School

1248 School Street Fordland, MO 65652

417-767-4555 or 417-880-1438 Email: beckyhaynes@fordlandschools.org

Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Male or Female\_\_\_\_

Address\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Phone \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ email \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

T-shirt size: S M L XL 2XL Pre-registration $20.00\_\_\_Day of $25\_\_\_Student $10\_\_\_

Make check payable to: Fordland School

Mail registration form with check to: **1248 School Street Fordland, MO 65652**

**Waiver and release**

***Must sign release to participate***

I have read the accompanying event information and understand the policies of the event. I know that running and walking a race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I assume all risks associated with my voluntary participation in this event, including but not limited to, falls, contact with other participants, the effects of the weather, **NOTE -** including extreme temperatures, traffic and all conditions of the road, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry, I for myself, my heirs, executors, administrators, or anyone else who might claim on my behalf, covenant not to sue **and WAIVE, RELEASE AND DISCHARGE Fordland School District** 5K Fun Run/Walk, all sponsors, race officials, workers or volunteers, their representatives, successors or assigns for **ANY AND ALL** claims or liability, whether foreseen or unforeseen, for death, personal injury or property damage arising out of, or in the course of my participation in this event. I further grant full permission to the above mentioned sponsors, organizers and or agents authorized by them, to use any photographs videotapes, motion pictures, recordings or other record of the event for any reasonable purpose.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Signature of Participant Date

(or signature of Parent or Guardian if entrant is age 17 or under)